



To Think About...

What are some of the obstacles that prevent you from experiencing a strong marriage or family team?

What are some specific ways that other people in your life could help you so that you could invest more in your marriage or family relationships during crises?

What is one new or different way you can contribute to strengthening your marriage and/or family?

What is something you could do more often or differently to strengthen the marriage and family of someone you care about?

HUDDLE UP

MATTHEW 19:6 (NIV)

So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.

PRAY TOGETHER

MATTHEW 18:19-20 (NIV)

Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. For where two or three gather in my name, there am I with them.

INVEST IN RELATIONSHIP

PROVERBS 5:18 (NIV)

May your fountain be blessed, and may you rejoice in the wife of your youth.

MAINTAIN PERSPECTIVE

LUKE 10:40 (NIV)

But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

PRESENT A UNITED FRONT

MATTHEW 12:25 (NIV)

Jesus knew their thoughts and said to them, "Every kingdom divided against itself will be ruined, and every city or household divided against itself will not stand.

SEEK GODLY SUPPORT

LUKE 5:18-19 (NIV)

Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus.

PRACTICE GRATITUDE

PHILIPPIANS 4:8 (NIV)

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

LAUGH MORE

PROVERBS 15:15 (NIV)

All the days of the oppressed are wretched, but the cheerful heart has a continual feast.

REMEMBER LOVE'S SOURCE

JOHN 3:16 (NIV)

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

FIND FREEDOM

JOHN 8:36 (NIV)

So if the Son sets you free, you will be free indeed.